

KS1 Cycle B

Knowledge Organiser



Autumn 1—Me and My Relationships

Key questions

Bullying and Teasing

What is bullying?

What is teasing?

Does bullying happen a lot?

How can you help someone who is being bullied?

School Rules About Bullying

What helps our classroom to be happy & friendly?

Do classroom rules help to stop bullying? How?

Being a Good Friend

Who is a good friend and why? What makes a good friend?

How are you a good friend?

Could you be a better friend?

How can you help others to be a good friend?

Feelings and Self-Regulation

Do we have the same feelings?

Why do we have different feelings?

How do we show our feelings?

What are safe and healthy activities to get angry energy out?

How can we help our feelings come out?

Key vocabulary

feelings happy

teasing bullied care

repeated bullying

friendship help rules

friendly safe break

I can ...

I can tell you some ways that I can get help, if I am being bullied and what I can do if someone teases me.

I can suggest rules that will help to keep us happy and friendly and what will help me keep to these rules. I can also tell you about some classroom rules we have made together.

I can give you lots of ideas about being what makes a good friend and also tell you how I try to be a good friend.

Most of the time I can express my feelings in a safe, controlled way.